



ZZZZZZ

Bodies



Our Famous Knitting Group!



Treasure Box Making

VOILA!



Graton Casino Bus Trip

A successful cash-out, and it all began with a Beautiful AND Nutritious bento lunch from Chef Taka! Kimie says, "Don't Forget Dessert!"



Steamed Bun 蒸しパン

Nice Brush, Yuki!



July 7月 2019



SUN	MON	TUE	WED	THU	FRI	SAT
	1 9:30 Calligraphy w/Emiko - TEA 11:15 Arm-Chair Aerobics w/Kaeko 1:00 Food/Housekeeping Mtg- ACT 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	2 9:45 Tai Chi w/Gail- ACT 11:00 Rajio Taiso - TMP 2:00 Bingo Bonanza - TEA 3:00 Coloring - TEA 5:30 Movie/TV Show - TV	3 9:30 Knitting - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan - TMP 3:00 Animal of the Month -TEA 5:30 Movie/TV Show - TV	4 * Independence Day * 9:15 Catholic Service - TEA 10:00 Brain Game - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Tom's Piano Cabaret-TMP 3:00 Coloring - TEA 5:30 Movie/TV Show - TV	5 10:00 Carpet Bowling - ACT 11:00 Strength Train w/Dick - TMP 2:00 Coloring - TEA 3:00 Activity Meeting - TEA 5:30 Movie/TV Show - TV	6 10:00 TV Japan: Talk-Show - TV 11:00 Exercise w/Res Asst.-TMP 2:00 News & Taiga Drama -TV 3:00 Balloon Fun - LOB 5:30 Movie/TV Show - TV
7 * Star Festival: 七夕 * 10:00 Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 1:30 DVD Matinee - TV 3:00 Ball Fun - LOB 5:30 Movie/TV Show - TV	8 9:30 Calligraphy w/Emiko - TEA 11:15 Arm-Chair Aerobics w/Kaeko - TMP 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	9 9:45 Tai Chi w/Gail- ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Coloring - TEA 5:30 Movie/TV Show - TV	10 10:00 Resident Council Meeting - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan - TMP 3:00 Brain Game - TEA 5:30 Movie/TV Show - TV	11 9:15 Catholic Service - TEA 10:00 Buddhist Service w/Jerry -ACT 11:00 Stretch Bands w/Dick - TMP 2:00 Johnny's Cooking Creations 3:30 Coloring - TEA 5:30 Movie/TV Show - TV	12 10:00 Carpet Bowling - ACT 11:00 Strength Train w/Dick - TMP 2:00 Manicure w/Emiko - TEA 3:00 Shall We Dance w/Jack - TEA 5:30 Movie/TV Show - TV	13 10:00 SPCA Visit - LOB 11:00 Exercise w/Res Asst.-TMP 12:00 Songs of Japanese Spirit -TV 2:00 TV Japan: News & Taiga Drama -TV 3:00 Balloon Fun - LOB 5:30 Movie/TV Show - TV
14 10:00 SPCA Visit - LOB 11:00 Exercise w/Resident Asst-TMP 1:30 DVD Matinee - TV 3:00 Ball Fun - LOB 5:30 Movie/TV Show - TV	15  * Marine Day: 海の日  10:00 Songs of School Days - LOB 11:00 Rajio Taiso - TMP 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	16 9:45 Tai Chi w/Gail- ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Calligraphy & Laughter w/ Reverend Kawahatsu - TEA 5:30 Movie /TV Show - TV	17 10:30 Monthly Bus Trip 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 DVD Matinee - TV 3:00 Coloring - TEA 5:30 Movie/TV Show - TV	18 9:15 Catholic Service - TEA 10:00 Brain Game - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Tom's Piano Cabaret-TMP 3:00 JP Card Games - TEA 5:30 Movie/TV Show - TV	19 10:00 Carpet Bowling - ACT 11:15 Sequoias Chorus - TMP 2:00 Brain Game - TEA 3:00 Coloring - TEA 5:30 Movie/TV Show - TV	20 10:00 TV Japan: Talk Show - TV 11:00 Exercise w/Res Asst.-TMP 2:00 TV Japan: News & Taiga Drama -TV 3:00 Piano Pleasures w/Cecilia-TMP 5:30 Movie/TV Show - TV
21 10:00 Nodojiman - TV 11:00 Exercise w/Dick - TMP 2:00 Stay Tuned w/Jimmy - LOB 3:00 Ball Fun - LOB 5:30 Movie/TV Show - TV	22 9:30 Calligraphy w/Emiko - TEA 11:00 Rajio Taiso - TMP 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	23 9:45 Tai-Chi w/Gail - ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Coloring - TEA 5:30 Movie /TV Show - TV	24 9:30 Knitting - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan - TMP 3:00 Black Jack w/Claire - TEA 5:30 Movie/TV Show - TV	25 9:15 Catholic Service - TEA 10:00 Brain Game - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Garden Club - TEA 3:00 Gate Ball - ACT 5:30 Movie/TV Show - TV	26 10:00 Carpet Bowling - ACT 11:00 Strength Train w/Dick - TMP 1:00 Manicure w/Emiko - TEA 2:00 Chat w/Naoko - TEA 3:00 Travelogue w/Jack - ACT 5:30 Movie/TV Show - TV	27 10:00 SPCA Visit - LOB 11:00 Exercise w/Res Asst.-TMP 12:00 Songs of Japanese Spirit -TV 1:30 Minyo & Shamisen w Yamabata -TMP 3:00 Balloon Fun - LOB 5:30 Movie/TV Show - TV
28 10:00 Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 12:30 DVD Matinee - TV 12:45 Bon Odori Outing 3:00 Ball Fun - LOB 5:30 Movie/TV Show - TV	29 9:30 Calligraphy w/Emiko - TEA 11:00 Rajio Taiso - TMP 1:00 Kiitemoraitai Chorus - TMP 2:00 Black Jack w/Claire - TEA 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	30 9:45 Tai Chi w/Gail- ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Calendar Making - TEA 5:30 Movie /TV Show - TV	31 9:30 Knitting - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan - TMP 3:00 Chikako's Charmings - TEA 5:30 Movie/TV Show - TV	 Morning Glory Festival in Iriya (7/6-)	 Wind Chime Bazaar in Kawasaki (7/17-)	 Winter Cherry Market in Asakusa (7/9-)



After-Dinner Walking Club !

Daily Escorted Walks

9:00AM & 1:30PM



Catholic Communion with Deacon Sandoval Each Thursday - 9:15am 4th Floor - Tea Area

ALL FAITHS are WELCOME !

Location Key:

TEA - Tea Area (4th Fl.)
ACT - Activity Area (4th Fl.)
CYD - Courtyard
TMP - Temple/Dining
LOB - Lobby

NOTE:

ACTIVITIES ARE SUBJECT TO CHANGE

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