



# March 3月 2020



| SUN  | MON  | TUE   | WED  | THU   | FRI  | SAT   |
|--|--|---|--|---|--|---|
| 1  | 2  | 3   | 4  | 5   | 6  | 7   |
| 10:00 SPCA Visit "Ivy"- LOB<br>11:00 Exercise with RA-TMP<br>2:00 Movie Matinee - TV<br>5:30 Movie/TV Show - TV                                | 9:30 Origami for Girls' Day w/Mayuko - TEA<br>11:15 Arm Chair Aerobics w/Kaeko - TMP<br>1:30 Making Barazushi (ばら寿司) - TEA<br>3:00 Sketch w/Sara - TEA<br>5:30 TV Show -TV | <b>*Hinamatsuri*</b><br>10:00 Tai Chi w/Gail -ACT<br>11:00 Yoga w/Robin - TMP<br>2:00 Bingo Bonanza - TEA<br>3:00 Activity Meeting & Celebrate Girls' Day - TEA<br>5:30 TV Show - TV                    | 10:00 Gesture Game - ACT<br>11:00 Dynamic Balance & Active Stability w/Dick - TMP<br>1:30 Sing-along w/Peko chan - TMP<br>3:00 Knitting Bee w/Ikuko - TEA<br>5:30 TV Show - TV   | 9:30 Catholic Service - TEA<br>10:00 Forest Choir Concert - TMP<br>11:00 Stretch Bands w/Dick - TMP<br>1:00 Food Meeting w/Vera - ACT<br>2:00 Cabaret Hour w/Tom - TMP<br>3:00 Blackjack - TEA<br>5:30 TV Show - TV | 10:00 Carpet Bowling - ACT<br>11:00 Strength Training w/Dick- TMP<br>2:00 Manicure w/Emiko - TEA<br>3:00 Craft for St. Patrick's Day - TEA<br>5:30 TV Show - TV          | 10:00 SPCA Visit "Zazu" - LOB<br>11:00 Exercise w/RA - TMP<br>2:00 Movie Matinee - TV<br>5:30 Warriors vs Philadelphia - TV                   |
| 8  | 9  | 10  | 11   | 12  | 13   | 14  |
| <b>*Daylight Savings Time*</b><br>10:00 SPCA Visit "Max" - LOB<br>11:00 Exercise w/ RA-TMP<br>2:00 Movie Matinee -TMP<br>5:30 Movie/TV Show-TV | 10:00 TBA<br>11:15 Arm Chair Aerobics w/Kaeko - TMP<br>2:00 Special Visit of ESI Students from Japan - TEA<br>5:30 TV Show -TV   | 10:00 Tai Chi w/Gail -ACT<br>11:00 Yoga w/Robin - TMP<br>2:00 Bingo Bonanza- TEA<br>3:00 Calligraphy and Laughter w/Rev. Kawahatsu - TEA<br>5:30 TV Show - TV   | 10:00 Resident Council - TEA<br>11:00 Dynamic Balance & Active Stability w/Dick - TMP<br>1:30 Sing-along w/Peko chan - TMP<br>3:00 Animal of the Month w/Yoko "cat" - TEA<br>5:30 TV Show -TV  | 9:30 Catholic Service - TEA<br>10:00 Bean Bag Throw - ACT<br>11:00 Stretch Bands w/Dick - TMP<br>1:30 Massage w/Aida - TEA<br>3:30 Tea Ceremony - ACT<br>5:30 TV Show - TV  | 10:00 Carpet Bowling - ACT<br>11:00 Strength Training w/Dick- TMP<br>1:00 Kokoro Flower Arrangement Club w/Junko - TEA<br>3:00 Shall We Dance - TMP<br>5:30 TV Show - TV | 10:00 Fun Games w/Christine & Leah - TEA<br>11:00 Radio Taiso - TMP<br>3:00 Piano Pleasure w/Cecilia - TMP<br>5:30 Warriors vs Milwaukee - TV |
| 15   | 16   | 17  | 18   | 19  | 20   | 21  |
| 10:00 NHK Nodojiman - TV<br>11:00 Exercise with RA-TMP<br>2:00 Stay-tuned w/Jimmy - TEA<br>3:00 TV Japan - TV<br>5:30 Movie/TV Show-TV         | 10:00 Calligraphy w/Emiko -TEA<br>11:15 Arm Chair Aerobics w/Kaeko - TMP<br>2:00 Dowa & Doyo w/Noriko - TMP<br>3:00 Sketch w/Sara - TEA<br>5:30 TV Show - TV               | <b>*St. Patrick's Day*</b><br>10:00 Tai Chi w/Gail - ACT<br>11:00 Yoga w/Robin - TMP<br>2:00 JARF (Japanese American Religious Federation) Visit - ACT<br>3:00 Bingo Bonanza - TEA<br>5:30 TV Show - TV | <b>Monthly Bus Trip</b><br>10:00 TBA<br>11:00 Dynamic Balance & Active Stability w/Dick - TMP<br>2:00 Movie Matinee - TV<br>5:30 TV Show - TV  | 9:30 Catholic Service - TEA<br>10:00 Bean Bag Throw - ACT<br>11:00 Stretch Bands w/Dick - TMP<br>2:00 Cabaret Hour w/Tom - TMP<br>3:00 Blackjack w/Claire - TEA<br>5:30 TV Show - TV                                | 10:00 Carpet Bowling - ACT<br>11:00 Strength Training w/Dick- TMP<br>2:00 Manicure w/Emiko - TEA<br>3:00 Resident Care Meeting - TEA<br>5:30 TV Show - TV                | 10:00 Fun Games w/Christine & Leah - TEA<br>11:00 Radio Taiso - TMP<br>2:00 Movie Matinee - TV<br>5:30 Movie/TV Show-TV                       |
| 22   | 23   | 24  | 25   | 26  | 27   | 28  |
| 10:00 NHK Nodojiman - TV<br>11:00 Exercise with RA-TMP<br>3:00 TV Japan - TV<br>5:30 Movie/TV Show-TV  | 9:30 Calligraphy w/Emiko -TEA<br>11:00 Arm Chair Aerobics w/Kaeko - TMP<br>2:00 Dowa & Doyo w/Noriko - TMP<br>3:00 Sketch/Coloring - TEA<br>5:30 TV Show - TV              | 10:00 Tai Chi w/Gail -ACT<br>11:00 Yoga w/Robin - TMP<br>1:30 Minyo and Shamisen w/Yamabata-san - TMP<br>3:00 Bingo Bonanza - TEA<br>5:30 TV Show - TV  | 10:00 Balloon Hanetsuki - ACT<br>11:00 Dynamic Balance & Active Stability w/Dick - TMP<br>1:30 Sing-along w/Peko chan - TMP<br>3:00 Chat w/Naoko - TEA<br>5:30 TV Show - TV  | 9:30 Catholic Service - TEA<br>10:00 Gesture Game - ACT<br>11:00 Stretch Bands w/Dick - TMP<br>1:30 Massage w/Aida - TEA<br>3:00 Blackjack w/Claire - TEA<br>5:30 TV Show - TV                                      | 10:00 Carpet Bowling - ACT<br>11:00 Strength Training w/Dick - TMP<br>1:30 Sing along w/Forest Choir - TMP<br>3:00 Jack's Travelogue - TV<br>5:30 TV Show - TV           | 10:00 Fun Games w/Christine & Leah - TEA<br>11:00 Radio Taiso - TMP<br>2:00 Movie Matinee<br>5:30 Movie/TV Show - TV                          |
| 29   | 30   | 31  |  <p>It's time for Hina <u>Matsuri</u>! Occurring every March 3rd, Hina <u>Matsuri</u> literally translates as 'Dolls Festival.' However, it is also known as 'Girls' Day' because it is a special day for families to celebrate their young daughters, praying for their success and happiness. Hina-ningyo (hina dolls) are display-only dolls and are not designed to be used as toys. They are usually set up a few weeks before Hina-matsuri and returned to their boxes immediately after the festival. <i>There is actually a superstition which says if the dolls are not put away quickly, the daughters of the family will not be able to or delayed to get married!</i></p> |   |  |   |
| 10:00 NHK Nodojiman - TV<br>11:00 Exercise with RA-TMP<br>2:00 Movie Matinee - TV<br>5:30 Movie/TV Show-TV                                     | 9:30 Calligraphy w/Emiko -TEA<br>11:15 Arm Chair Aerobics w/Kaeko - TMP<br>2:00 Dowa & Doyo w/Noriko - TMP<br>3:00 Sketch w/Sara - TEA<br>5:30 TV Show - TV                | 10:00 Tai Chi w/Gail -ACT<br>11:00 Yoga w/Robin - TMP<br>2:00 Bingo Bonanza - TEA<br>3:00 Carpet Bowling - ACT<br>5:30 TV Show - TV   |  |   |  |   |

## Daily Escorted Walks

9:00 AM & 1:30 PM



Catholic Communion  
with Deacon Sandoval

Every Thursday at 9:30am  
4th FL - TEA Area

All Faiths are welcome!!

## NOTE:

\*ACTIVITIES  
ARE SUBJECT  
TO CHANGE\*

## Location Key:

TEA Tea Area (4th Fl.)  
ACT Activity Area (4th Fl.)  
CYD Courtyard  
TMP Temple/Dining  
LOB Lobby



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