



ズズズズズ

Bodies



Rue played the koto for the first time in 20 years!



Yay!!



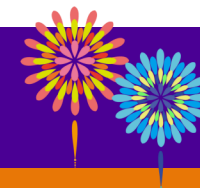
Are they real?
本物みたいだ!



Flowers to YOU!



AUGUST 8月



SUN

MON

TUE

WED

THU

FRI

SAT



Animal of the Month
August 6 (Tue) 3pm



4	5	6	7	8	9	10
10:00 NHK Nodojiman - TV 11:00 Exercise w/RA - TMP 2:00 Movie Matinee - TV 3:00 Balloon Fun - LOB 5:30 Movie / TV Show - TV	9:30 Calligraphy w/Emiko - TEA 11:00 Rajio Taiso - TMP 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch Class w/Sara - TEA 5:30 Movie / TV Show - TV	9:45 Tai Chi w/Gail - ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo w/RA - TEA 3:00 Animal of the Month w/Yoko "Lesser (Red) Panda" - TEA 5:30 Movie / TV Show - TV	10:00 "What's in the Bag?" - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko chan - TMP 3:00 Lynn's Craft - TEA 5:30 Movie / TV Show - TV	9:15 Catholic Service w/ Deacon Sandoval - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Cabaret Hour w/Tom - TMP 5:30 Movie / TV Show - TV	10:00 Carpet Bowling - ACT 11:00 Strength Training w/Dick - TMP 1:30 Massage w/Aida - ACT 3:00 Activity Meeting - TEA 5:30 Movie / TV Show - TV	10:00 SPCA Visit - LOB 11:00 Exercise w/Resident Aid - TMP 2:00 TV Japan - TV 3:00 Balloon Fun - LOB 5:30 Movie / TV Show - TV
11	12	13	14	15	16	17
10:00 Nodojiman - TV 11:00 Exercise w/RA - TMP 2:00 Movie Matinee - TV 3:00 Balloon Fun - LOB 5:30 Movie / TV Show - TV	10:00 JARF "From the Heart" - TMP 11:15 Arm-Chair Aerobics w/Kaeko - TMP 1:00 Food Meeting w/Vera - ACT 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch Class w/Sara - TEA 5:30 Movie / TV Show - TV	9:45 Tai Chi w/Gail - ACT 11:00 Yoga w/Robin - TMP 2:00 Arts & Crafts w/Patti - TEA 3:00 Ice Cream Social - TEA 5:30 Movie / TV Show - TV	10:00 Resident Council - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko chan - TMP 3:00 Chat w/Naoko - TEA 5:30 Movie / TV Show - TV	9:15 Catholic Service w/ Deacon Sandoval - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Activity Meeting - TEA 3:00 Bingo - TEA 5:30 Movie / TV Show - TV	10:00 Carpet Bowling - ACT 11:00 Strength Training w/Dick - TMP 2:00 Manicure w/Emiko - TEA 3:00 Tea Ceremony w/Sunny - ACT 5:30 Movie / TV Show - TV	10:00 TV Japan Talk Show - TV 11:00 Exercise w/RA - TMP 2:00 TV Japan - TV 3:00 Piano Pleasure w/Cecilia - TMP 5:30 Movie / TV Show - TV
18	19	20	21	22	23	24
10:00 SPCA Visit "Ivy" - LOB 11:00 Exercise w/RA - TMP 2:00 Stay Tuned w/Jimmy - TMP 3:00 Balloon Fun - LOB 5:30 Movie / TV Show - TV	9:30 Calligraphy w/Emiko - TEA 11:15 Arm Chair Aerobics w/Kaeko - TMP 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch Class w/Sara - TEA 5:30 Movie / TV Show - TV	9:45 Tai Chi w/Gail - ACT 11:00 Rajio Taiso Exercise - TMP 2:00 Music Recital - TMP 3:00 Calligraphy & Laughter w/ Rev. Kawahatsu - TEA 5:30 Movie / TV Show - TV	10:00 Origami w/Mayuko - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko chan - TMP 3:00 Res. Care Update - TEA 5:30 Movie / TV Show - TV	9:15 Catholic Service w/ Deacon Sandoval - TEA 10:00 Blackjack w/Claire - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Cabaret Hour w/Tom-TMP 5:30 Movie / TV Show - TV	10:00 Carpet Bowling - ACT 11:00 Strength Training w/Dick - TMP 1:00 Chorus Group "Kizuna" - TMP 3:00 Jack's Travelogue - TMP 5:30 Movie / TV Show - TV	10:00 TV Japan Talk Show - TV 11:00 Exercise w/RA - TMP 1:30 Minyo & Shamisen w/ Yamabata san - TMP 3:00 Balloon Fun - LOB 5:30 Movie / TV Show - TV
25	26	27	28	29	30	31
10:00 Nodojiman - TV 11:00 Exercise w/RA - TMP 2:00 Movie Matinee - TV 3:00 Balloon Fun - LOB 5:30 Movie / TV Show - TV	9:30 Calligraphy w/Emiko - TEA 11:15 Arm Chair Aerobics w/Kaeko - TMP 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch Class w/Sara - TEA 5:30 Movie / TV Show - TV	9:45 Tai Chi w/Gail - ACT 11:00 Rajio Taiso Exercise - TMP 2:00 Hyogo University students Visit - TEA 5:30 Movie / TV Show - TV	10:00 Arts & Crafts - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko chan - TMP 3:00 Chat w/Naoko - TEA 5:30 Movie / TV Show - TV	9:15 Catholic Service - TEA 10:00 Blackjack w/Claire - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 "How Many in the Jar?" - TEA 5:30 Movie / TV Show - TV	10:00 Carpet Bowling - ACT 11:00 Strength Training w/Dick - TMP 2:00 Manicure w/Emiko-TEA 3:00 Tea Ceremony w/Sunny - ACT 5:30 Movie / TV Show - TV	10:00 TV Japan Talk Show - TV 11:00 Exercise w/RA - TMP 2:00 TV Japan 3:00 Balloon Fun - LOB 5:30 Movie / TV Show - TV

Daily Escorted Walks
9:00AM & 1:30PM



Catholic Communion with
Deacon Sandoval

Thursday at 9:15am
Tea Area - 4th Floor

All Faiths are Welcome!!



Location Key:

- TEA - Tea Area (4th Fl.)
- ACT - Activity Area (4th Fl.)
- CYD - Courtyard
- TMP - Temple/Dining
- LOB - Lobby

NOTE:

ACTIVITIES
ARE SUBJECT
TO CHANGE

PUBLICATION ISSUED BY:
Kokoro Assisted Living
1881 Bush Street
San Francisco, CA 94109
Phone (415)776-8066
Fax (415)674-5941
www.kokoroassistedliving.org
License #385600235