

*Acknowledging Our Supporters
Thank you very much!*



Alicia Toyooka
Amy Hanamoto
Cecilia Lam
Brite-Marie Evers
Carl Zlatchin
Christine Murray
Claire Okuyama
Donald Cheng
Dr. Lois Mundie
Emiko Ogawa
Hisako "Peko" Yamaguchi
& Hamilton Singing
Group
Ikuko Satoda
Jack Dairiki
Japanese American
Religious Federation
Jeanne Hing
Jerry Sullivan
John Henricks
June Pramualphol
Kaeko Inori
Karen Sakai
Katsunobu Yamabata
Kay Kimpton
Kiitemoraitai
Mayuko Irvine
Mayumi Wada
Mitsuhiko Fukuda

Nancy Doty
Noriko Kashiwabara
P.V. Hall/A.W. Hall
Rewon Child
Sandra Gale
Sara Matsuzaki
San Francisco
Conservatory of Music
San Francisco Choral
Artist
Shoko Hikage
SPCA, Animal Assisted
Therapy Program
Sumi Suda
Sumiko Nakamura
Sunny Otsuka
Yoko Asano
Yuki Kubo



*Employee
of the
Month*
~
Flora Anderson
November 2019

**Wishing you peace, love, and
joy this holiday season and
throughout 2020 !**

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**December
2019**

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Created by Yukie Kato



Puma

ピューマ

**Animal of the
Month**



***Inside
Kokoro***

'Tis the Season to be Jolly

Performance by San Francisco Conservatory of Music

This began with a beautiful piano and flute performance by Jeanne (from France) and Yuan-Fen (from Taiwan) from the San Francisco Conservatory of Music. Their music consisted of classical pieces to Japanese songs. The masterpiece was their own arrangement from Nanatsuno-ko. The flute and piano sounds resonated in our heart.



***An Evening Performance
by the San Francisco Choral Artists***



What a special evening! We were fascinated by the acapella sound and harmony they created. Our temple was perfect for the reverberation and lingering sound. We are so fortunate to host them again next February and May, 2020.

JARF Interfaith Thanksgiving Service

Clergy of the Japanese American Religious Federation led the annual Thanksgiving Day Service on November 26th. The residents participated in incense and water offerings. Christmas Day Service by Christian clergy will be held on December 17th. We appreciate their spiritual support.



**VOLUNTEERS
NEEDED!**

- Bus Trip Escorts
- Arts & Crafts
- Games
- Music
- Exercise

If you are interested, please contact at:
ykato@kokoroassistedliving.org
or
415-776-8066

**DONATION
WISH LIST**

Bingo Prizes

DVDs

**White Recycle
Paper for
Calligraphy**



Kokoro is owned by KALI and managed by NCP Senior Ventures, LLC

November Bus Trip to Stonestown Galleria

Despite a little concern about the impact of the closure of Nordstrom and Macy's, shopping and strolling at the mall is always fun! We all enjoyed shopping there. A big thank you to all the escort volunteers which were necessary to ensure safety and enable this event to proceed as planned.



Employee Appreciation Party

Long past due, we finally made it happen. We can't thank you enough for your dedication and compassion. Without any one of you, this place will not be running as smoothly as it is now. Your hard work and effort has been recognized! Our sincere appreciation goes to each one of our staff. **THANK YOU VERY MUCH!** The special entertainment by Jan Thompson was so lively that we just couldn't stop breaking into dance!



**Next Bus Trip to:
Graton Casino**

**Thursday, December 12th
9:30am to 3:30pm**



Kokoro Updates

**Meetings w/ the
Directors**

- December 4.....Activity
- December 5.....Food/Housekeeping
- December 6.....Resident Care
- December 15....Marketing
- December 19....Executive Director



- Aiko Kitano 12/3**
- Tami Young 12/5**
- Tomiko Ralph 12/12**
- Fumiko Satoda 12/24**

Contact Us

Mobile Phone Hotline:
415-286-6764
(Direct to Lead Res. Asst. - Anytime)

Main Telephone Number
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Executive Director
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Jimmy Murota-Ext. 11
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Director of Dining/Housekeeping
Vera Yamamoto-Ext. 13
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Director of Activities
Yukie Kato-Ext. 15
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Director of Resident Care
Sakae Hamilton-Ext. 16
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Protect yourself from Norovirus

Norovirus is a very contagious virus that causes vomiting and diarrhea. People of all ages can get infected and sick with norovirus, which is more common during winter.

****Please come to the Resident Care meeting on December 6 (Fri) at 3 PM.**

Sakae will go over this winter illness and give you tips on how to protect yourself.



~Attention~

Dr. Pinter (podiatrist) is scheduled to come on Tuesday, December 31st.

Holiday Lunch Reservations

Kokoro cordially invites you and your friends & family to our delicious holiday lunches!

***Happy Holidays Luncheon : December 25th, noon to 1 pm**
RSVP by December 18th
\$10 per person, \$5 per child



Menu featuring
ROAST TURKEY w/CORNBREAD STUFFING
with Fresh Cranberry Sauce
AND
KOBE BEEF (From Idaho)
with Fresh Mushroom Gravy and Homemade Mashed Potato

***New Year's Day Japanese Traditional Luncheon
(Osechi-お節料理)**

Kokoro's kitchen staff prepares and serves the osechi dish wishing your health and happiness for 2020!

**RSVP by December 20th
for Osechi Ryori LUNCHEON**

**\$30 per person
\$15 per child for luncheon or To-Go lunch**

