



# OCTOBER 10月 2019



SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>TRICK OR TREAT!</b></p>		<b>1</b> 9:45 TV Viewing "War Bride in America I" 戦争花嫁のアメリカ - TV 11:00 Yoga w/Robin -TMP 2:00 Bingo w/RA- TEA 3:00 Animal of the month w/Yoko "Sloth" -TEA 5:30 Movie/TV Show - TV	<b>2</b> 9:30 Origami w/Mayuko -TEA 11:00 Dyanamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko chan - TMP 3:00 Activity Meeting - TEA 5:30 Movie/TV Show - TV	<b>3</b> 9:15 Catholic Service - TEA 10:00 Carpet Bowling - ACT 11:00 Stretch Bands w/Dick - TMP 2:00 Jar Lantern Making -TEA 3:00 Blackjack - TEA 5:30 Movie/TV Show - TV	<b>4</b> 10:00 Activity w/Ginny - TEA 11:00 Strength Training w/Dick- TMP 2:00 Manicure w/Emiko - TEA 3:00 Brain Game w/Ginny - TEA 5:30 Movie/TV Show - TV	<b>5</b> 10:00 TV Japan - TV 11:00 Exercise w/RA - TMP 2:00 TV Japan - TV 3:00 Balloon Fun w/RA - LOB 5:30 Movie/TV Show - TV
		<b>6</b> 10:00 NHK Nodojiman-TV 11:00 Exercise with RA-TMP 1:30 Movie Matinee -TMP 3:00 Balloon Fun -LOB 5:30 Movie/TV Show-TV	<b>7</b> 9:30 Calligraphy w/Emiko -TEA 11:15 Arm Chair Aerobics w/Kaeko - TMP 1:00 Food Meeting w/Vera -ACT 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show -TV	<b>8</b> 9:45 Tai Chi w/Gail -ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo w/RA- TEA 3:00 Activity w/Ginny -TEA 5:30 Movie/TV Show -TV	<b>9</b> 10:00 Resident Council - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko chan - TMP 3:00 Activity w/Ginny-TEA 5:30 Movie/TV Show -TV	<b>10</b> 9:15 Catholic Service - TEA 10:00 Activity w/Ginny -TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Cabaret Hour w/Tom - TMP 3:00 Resident Care Meeting w/Sakae - TEA 5:30 Movie/TV Show - TV
<b>13</b> 10:00 NHK Nodojiman-TV 11:00 Exercise with RA-TMP 1:30 Movie Matinee -TMP 3:00 Balloon Fun - LOB 5:30 Movie/TV Show-TV	<b>14</b> 10:00 Activity w/Ginny -TMP 11:00 Radio Taiso - TMP 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Activity w/Ginny -TMP 5:30 Movie/TV Show -TV	<b>15</b> 10:00 Tai Chi w/Gail -ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo w/RA- TEA 3:00 Calligraphy & Laughter w/Rev. Kawahatsu - TEA 5:30 Movie/TV Show -TV	<b>16</b> 10:00 Activity w/Ginny - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 2:00 Activity w/Ginny - TEA 3:00 Blackjack w/Claire 5:30 Movie/TV Show -TV	<b>17</b> 9:15 Catholic Service - TEA 10:00 JARF Visit w/Sensei Fujita - ACT 11:00 Stretch Bands w/Dick - TMP 2:00 Japanese Card "百人一首" w/Sumiko-san - TEA 5:30 Movie/TV Show - TV	<b>18</b> 10:00 Carpet Bowling - ACT 11:00 Strength Training w/Dick- TMP 2:00 Manicure w/Emiko - TEA 3:00 Activity w/Ginny -TEA 5:30 Movie/TV Show - TV	<b>19</b> 10:00 SPCA Visit "Max" - LOB 11:00 Exercise w/RA - TMP 2:00 Piano Pleasure w/Cecilia - TMP 3:00 Balloon Fun w/RA - LOB 5:30 Movie/TV Show - TV
<b>20</b> 10:00 SPCA Visit "Ivy" - LOB 11:00 Exercise with RA-TMP 2:00 Stay tuned w/Jimmy -TEA 3:00 Balloon Fun - LOB 5:30 Movie/TV Show-TV	<b>21</b> 9:30 Calligraphy w/Emiko -TEA 11:15 Arm Chair Aerobics w/Kaeko - TMP 1:00 Kiitemoraitai - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show -TV	<b>22</b> 10:00 Tai Chi w/Gail - ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo w/RA- TEA 3:00 Blackjack/Claire - TEA 5:30 Movie/TV Show -TV	<b>23</b> 10:00 Bean Bag Throw - ACT 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko chan - TMP 3:00 Chat w/Naoko - TEA 5:30 Movie/TV Show -TV	<b>24</b> 9:15 Catholic Service - TEA 10:00 Tea Ceremony w/Sunny - ACT 11:00 Stretch Bands w/Dick - TMP 2:00 Cabaret Hour w/Tom - TMP 3:00 Fire Drill - ACT 5:30 Movie/TV Show - TV	<b>25</b> 10:00 Carpet Bowling - ACT 11:00 Strength Training w/Dick- TMP 1:30 Baking Pumpkin Muffins - TEA 3:00 TV Viewing "War Bride in America II" 戦争花嫁のアメリカ - TV 5:30 Movie/TV Show - TV	<b>26</b> 10:00 SPCA Visit "Max" - LOB 11:00 Exercise w/RA - TMP 1:30 Minyo and Shamisen w/Yamabata -san - TMP 3:00 Balloon Fun w/RA - LOB 5:30 Movie/TV Show - TV
<b>27</b> 10:00 Nodojiman - TV 11:00 Exercise with RA-TMP 2:00 Movie Matinee - TMP 3:00 Balloon Fun - LOB 5:30 Movie/TV Show-TV	<b>28</b> 9:30 Calligraphy w/Emiko -TEA 11:00 Radio Taiso - TMP 2:00 Dowa & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show -TV	<b>29</b> <b>Monthly Bus Trip</b> 10:00 Tai Chi w/Gail - ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo w/RA- TEA 3:00 Coloring - TEA 5:30 Movie/TV Show - TV	<b>30</b> 10:00 Bean Bag Throw - ACT 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko chan - TMP 3:00 Food of the month "Apple" -TEA 5:30 Movie/TV Show -TV	<b>31</b> <b>Halloween</b> 9:15 Catholic Service - TEA 10:00 Brain Game - TEA 11:00 Stretch Bands w/Dick - TMP 1:00 Koto 琴 (Japanese instrument) Recital By Shoko Hikage - TMP 2:30 Card Game - TEA 5:30 Movie/TV Show - TV	<b>Happy 95th Birthday!</b> Former President Jimmy Carter Celebrates his birthday on October 1st 	

### Daily Escorted Walks

9:30 AM & 1:30 PM



### October Flower Calendula



### Catholic Communion with Deacon Sandoval

Every Thursday at 9:15am  
Tea Area - 4th Floor

All Faiths are welcome!!



### Location Key:

- TEA Tea Area (4th Fl.)
- ACT Activity Area (4th Fl.)
- CYD Courtyard
- TMP Temple/Dining
- LOB Lobby

### NOTE:

ACTIVITIES  
ARE SUBJECT  
TO CHANGE

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